



Jack and the Beanstalk

- Introduce your students to the story of *Jack and the Beanstalk*. We suggest some of these beautifully illustrated books, which can be found at your local library or bookseller or online at [Amazon.com](https://www.amazon.com): Emphasize that Jack finds courage in himself to save his town from the thieving giant.
- The music from *Once Upon a Symphony* is found on this [Spotify](#) playlist. Here's how the music helps to tell the story:
 - *Molly on the Shore*, by Percy Grainger: This music illustrates how Jack just can't stop wigglin' and jigglin'!
 - *The Cuckoo and the Nightingale*: The melody to this song is sung to Jack by his mother, which Jack then sings to himself, to help him feel brave when confronting the giant. Teach this song to your students using the melody from this song:

When I am scared and all alone
And wish that I could run back home
I stand up tall – okay I'm small
But I am not afraid at all
 - *Aladdin's Dream and Dance of the Morning Mist*, by Carl Nielsen: This music depicts the beanstalk as it twists and turns and grows ever upward towards the sky and the giant's castle.
 - *Passacaglia and Fugue in C Minor*, by J.S. Bach: This music highlights the appearance of the beanstalk that sprouted from a magic bean. The music's steady beat illustrates how brave Jack is, climbing up to the top of the beanstalk, to the giant's castle.
 - *In the Hall of the Mountain King*, by Edvard Grieg: This music evokes the menacing presence of the giant.
 - *Molly on the Shore*, by Percy Grainger: Jack and his mother dance to this music to celebrate living happily ever after.